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| Time | ACTIVITY |
| Morning In Class: Events start at 9:45 in KS2 playground and football pitch. | ● Teachers to explaining the day;  ● talk about Respect, Responsibility and Resilience and how we can show it today;  ● selecting children for the events in the afternoon  (see below) |
| 9:45 – 11:15 | Arrive at first station in the Football pitch: 9 Activities – 10 minutes per activity  Year 3 – Bowling at the Stumps (BC) / Skipping (MA)  Year 4 – Hockey Dribbling Relay (KJT) / Standing Long Jump (LM)  Year 5 – Javelin (MF) / Trampoline Speed Bounce (MJ)  Year 6 – Bean Bag Target Throw (CH) / Cup stacking (UB)  Keep a tally of scores at each activity.  Rotate to next station on the score card when the bell sounds. |
|  | Break |
| 11:30 – 12:15 | Activities in class – Sports Quiz  <https://drive.google.com/drive/folders/1p8yoS2AdklyiU9PtTkXz4zOVkwHvxwEU> |
| 12:15-1:15 | Lunch |
| 1:15 – 2:15 | Events Start on Football pitch – ALL Year group meet  Each class to pick 1 boy and 1 girl for each event – Afternoon events do not count toward the scores but rather for the children to enjoy taking part and the support of the class.  - Y3 Boys 1 lap Race  - Y3 Girls 1 lap Race  - Y4 Boys 1 lap Race  - Y4 Girls 1 lap Race  - Y3 Boys 1/4 Relay Race  - Y3 Girls 1/4 Relay Race  - Y4 Boys 1/4 Relay Race  - Y4 Girls 1/4 Relay Race  - Y3/4 Long Throw Boys (2 per class)  - Y3/4 Long Throw Girls (2 per class)  - Y3/4 Balance Board (2 per class – One boy one girl)  - Y3/4 Balance Board (2 per class – One boy one girl)  Staff – Parent race |
| 2:15 – 3:15 | - Y5/6 Boys 1 Lap Race  - Y5/6 Girls 1 Lap Race  - Y6 Boys 1 Lap Race  - Y6 Girls 1 Lap Race  - Y5/6 Boys 1/4 Relay Race  - Y5/6 Girls 1/4 Relay Race  - Y6 Boys 1/4 Relay Race  - Y6 Girls 1/4 Relay Race  - Y5/6 Long Throw Boys (2 per class)  - Y5/6 Long Throw Girls (2 per class)  - Y5/6 Balance Board (2 per class – One boy one girl)  - Y5/6 Balance Board (2 per class – One boy one girl)  Staff – Parent race |
| 3:15 | Events Finish - back to class |