

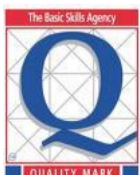
# Downsell

PRIMARY SCHOOL



*Learning Today, Leading Tomorrow*

## Child Friendly Anti-Bullying Policy





At Downsell Primary school we recognise that there is no place for rude, mean or bullying behaviour at Downsell.

We are a Rights Respecting School. Article 19 underpins our anti-bullying policy – ***all children have the right to be protected from being hurt or badly treated.***



## What is bullying?

In our school we make a distinction between rude, mean and bullying behaviour:

- When someone says or does something unintentionally hurtful and they do it once, that's **rude**.
- When someone says or does something intentionally hurtful and they do it once, that's **mean**.
- When someone says or does something intentionally hurtful and they keep doing it even when you tell them to stop or show them you're upset - that's **bullying**.

## What types of bullying are there?

**Emotional:** hurting people's feelings, leaving someone out

**Physical:** hitting, kicking, spitting, and pushing

**Verbal:** teasing and name calling

**Cyber:** saying unkind things by text, email and online

**Racist:** saying unkind things because of the colour of your skin, your religious beliefs or your culture

**Disability:** saying or doing unkind things because someone is different

## What can I do if I am being bullied?

- Speak out – make some noise! You can tell a trusted adult at school or at home.
- Write a note to put in the worry box

## What will happen to the person who is bullying?

- They will be spoken to. We will seek to support the bully to address any worries, problems or issues they may have. We can offer time to talk with an adult on regular basis for them.
- Their parent / carer will be invited into school for a meeting.
- It will be recorded as bullying behaviour on CPOMS.
- A consequence will be in place.
- A restorative justice session with those involved.
- We will review the concerning behaviours and offer praise where there has been no repeated incidents.

## What should I do if I see someone being bullied?

### 'Make some noise' – this means:

- Check in with the person being bullied
- Speak out
- Encourage them to tell an adult
- Tell an adult for them
- Write a note for the worry box or support them to write a note for the worry box

## What is the anti-bullying class charter?

A class charter that children and staff sign to say that there is no place for rude, mean or bullying behaviours at Downsell.

This is what everyone at Downsell has agreed to:

### **Pupils: We promise to try our best:**

1. To remember our Downsell value of respect by respecting others.
2. To be kind and a good friend to others.
3. To think carefully before we say or do things to others – *Will it upset them? Will it hurt them?*
4. To remember that every child has a right not to be hurt by words or actions. (Article 19)
5. To 'make a noise' about bullying.

### **The staff at Downsell promise to:**

1. Keep our pupils safe.
2. Treat each report of rude, mean or bullying behaviour seriously; never dismiss it as banter.
3. Remember that every child has a right not to be hurt by words or actions. (Article 19)
4. Put in place consequences for those showing bullying behaviour and support them in changing their behaviour.
5. 'Make a noise' about bullying.

