

Spring/Summer Menu 2023 2nd Week	Monday	Save The Planet Tuesday	Allergen Free Wednesday	Climate Change Thursday	Friday
<b>CHOICE 1</b>	Pasta Arrabiata (ve)	Pulled Jackfruit Wraps (ve)	Chickpea Tikka Masala (ve)	Smokey Cheese & Tomato Pasta (ve)	Sticky Tofu (ve)
<b>CHOICE 2</b>	Jacket Potato with various Fillings (v)(ve)(dff)(gff)	Cheese & Potato Pinwheels (v)	Roasted Pepper & Chickpea Risotto (ve)	Sizzling Stir Fry with Garlic & Ginger (v)(dff)	MSC Golden Crumb Fish Fingers (dff)
<b>CHOICE 3</b>	Chilli Con Carne	Bolognaise (v)(dff)	Piri Piri Chicken	Jacket Potatoes with Various Fillings (v)(ve)(dff)(gff)	Chicken Creole
<b>Sides</b>	Mixed Rice	Spicy Jacket Potato Wedges (ve) Wholewheat Spaghetti	Coconut Rice (ve)	Noodles (v)	Oven Baked Chips (ve) Lime & Coriander Infused Rice (ve)
<b>Vegetables</b>	Green Beans (ve) Fresh Organic Carrots (ve)	Minted Garden Peas (ve) Sweetcorn (ve)	Mixed Vegetables (ve) Seasonal Fresh Cabbage (ve)	Fresh Seasonal Broccoli (ve) Sweetcorn Cobquettes (ve)	Baked Beans (ve) Fresh Organic Carrots (ve)
<b>Salads</b>	Salad Selection (v)	Salad Selection(v) (ve)	Salad Selection (ve)	Salad Selection (v) (ve)	Salad Selection (v)
<b>Desserts</b>	Cheese & Crackers with Fresh Apple Slice (v)	Shortbread Biscuit (ve) & Milk (v) (ve)	Iced Fruit Smoothie (ve)	Chocolate Brownie (ve) & Custard (v) (ve)	Fresh Fruit & Ice Cream
<b>DAILY</b>	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Fresh Fruit Salad (ve)	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit
<b>DAILY</b>	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)
<b>Bread</b>	Homemade Bread (v)	Homemade Bread (v)	Homemade Bread (ve)	Homemade Bread (v)	Homemade Bread (v)

Spring/Summer Menu 2023 1st Week	Monday	Save The Planet Tuesday	Allergen Free Wednesday	Climate Change Thursday	Friday
<b>CHOICE 1</b>	Sri Lankan Sweet Potato & Coconut Curry (ve)(gf)	Smokey Jackfruit Jambalaya (ve)(gf)	Jollof Rice (ve)	Rosemary and Garlic Tofu (ve)	Crushed Chick Pea & Sweetcorn Wrap (ve)
<b>CHOICE 2</b>	Jacket Potato (ve)(v)(gf)(df) with Various Fillings	Tomato & Basil Pasta (v)(df)	Butternut Squash, Carrot & Chickpea Tagine (ve)	Mac n Cheese (v)	MSC Golden Crumb Fish Fingers (df)
<b>CHOICE 3</b>	Beef Bolognese (df)	Homemade Cheese & Vegetable Puff (v)	Roasted Lemon Chicken	Jacket Potato with Various Fillings (ve)(v)(gf)(df)	60/40 Burger (gf)(df) in a Floured Bun (v)
<b>Sides</b>	Wholewheat Spaghetti (v) Mixed Rice(ve)	Jacket Wedges (v)	Roasted New Potatoes (ve) Spicy Lemon Rice (ve)	Savoury Rice (ve)	Oven Baked Chips (v)
<b>Vegetables</b>	Sweetcorn (ve) Green Beans (ve)	Fresh Seasonal Broccoli (ve) Mixed Vegetables (ve)	Garden Peas (ve) Roasted Cauliflower Florest (ve)	Sweetcorn (ve) Spring Greens (ve)	Baked Beans (ve) Grilled Tomatoes (ve)
<b>Salads</b>	Salad Selection (v)	Salad Selection(v) (ve)	Salad Selection (ve)	Salad Selection(v) (ve)	Salad Selection (v)
<b>Desserts</b>	Mixed Fruit Crumble (ve) with Custard (v)(ve)	Fruity Flapjack (ve)	Coconut Jelly (ve)	Strawberry Mousse	Chocolate Cracknel (v) & Custard (v)(ve)
<b>DAILY</b>	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Fresh Fruit Salad (ve)	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit
<b>DAILY</b>	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)
<b>Bread</b>	Homemade Bread (v)	Homemade Bread (v)	Homemade Bread (ve)	Homemade Bread (v)	Homemade Bread (v)

September Menu 2023 week 3	Monday	Save the Planet Tuesday	Allergen Free Wednesday	Climate Change Thursday	Friday
<b>CHOICE 1</b>	Crunchy Carrot Curry (ve) (gf)	Planet Pizza Wedge (ve)	Stuffed Pepper (ve)	Pasta Shells in a Creamy Roasted Tomato Sauce (ve)(df)	Sweet Potato Wrap (ve)
<b>CHOICE 2</b>	Bubble Crumb Salmon Fillet (gf)(df)	Forest Pizza Wedge (v)	Spiced Chickpea & Sweet Potato Pilaf (ve)	Homemade Cheddar Cheese & Pepper Quiche (v)	MSC Fish Fingers (df)
<b>CHOICE 3</b>	Cottage Pie	Jacket Potato with Various Fillings (v)(ve)(df)(gf)	Meatballs	Jacket Potato with Various Fillings (v)(df)(gf)	Sticky Chicken (df)
<b>Sides</b>	Indian Style Rice (ve) Creamy Mashed Potato (v)	Skin On Baked Wedges (ve)	Italian Rice (ve)	Steamed New Potatoes (ve)	Oven Baked Chips (ve)
<b>Vegetables</b>	Sweetcorn (ve) Garden peas (ve)	Mixed Vegetables (ve) Seasonal Fresh Broccoli (ve)	Roasted Organic Carrots with Thyme (ve) Beans (ve)	Sweetcorn (ve) Courgettes (ve)	Baked Beans (ve) Minted Garden Peas (ve)
<b>Salads</b>	Salad Selection (v)	Salad Selection (ve)	Salad Selection (ve)	Salad Selection (ve)	Salad Selection (v)
<b>Desserts</b>	Iced Sponge (v)	Peaches & Custard (v)(ve)	Fruity Jelly Pot (ve)	Carrot Cake (v) & Custard (v)	Pineapple & Ice Cream (v)/Homemade Vegan Ice Cream(ve)
<b>DAILY</b>	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Fresh Fruit Salad (ve)	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit
<b>DAILY</b>	Seasonal Fresh Fruit Platter (ve)	Seasonal Fresh Fruit Platter (ve)	Seasonal Fresh Fruit Platter (ve)	Seasonal Fresh Fruit Platter (ve)	Seasonal Fresh Fruit Platter (ve)
<b>Bread</b>	Homemade Bread (v)	Homemade Bread (v)	Homemade Bread (ve)	Homemade Bread (v)	Homemade Bread (v)